

## QC0013SN - When You Don't Want To Go First

When there's a disruption in the marriage relationship, someone needs to go first to begin repair and reconnection. The problem is, neither spouse really wants to go first.

In this episode we'll look at four reasons why going first is important and four things you can do...or rather not do...that will make going first easier.

### **DON'T FORGET...**

Subscribe to Quick Counsel Podcasts.

Subscribe to [bretlegg.com](http://bretlegg.com)

Subscribe to Bret's YouTube channel - <https://www.youtube.com/channel/UCHY0oYUJSUMDz4dnF09mJJQ>

Follow Bret on Instagram - <https://www.instagram.com/bretlegg/>

Check Bret out on Facebook - <https://www.facebook.com/bretalegg>